

# DISTANCE FREQUENCIES

## Chapter 6 -- March

THE WEATHER IS WARMER. THE DAYS ARE LONGER.  
THIS CHAPTER UNFOLDS AMONG THE TREES AND FIELDS THAT BLOSSOM WHILE THE RIVER RUSHES BY.

THIS, MY FRIENDS, IS THE PENULTIMATE CHAPTER!

WE'LL BE SEEING YOU BEFORE YOU KNOW IT.

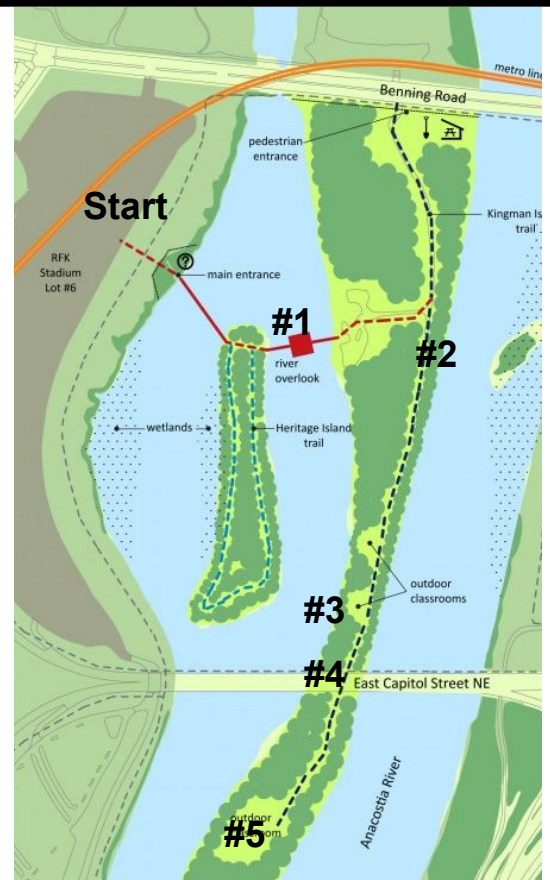
➔ **YOUR DESTINATION:** Kingman Island near Oklahoma Ave and Benning Road NE. You'll want to enter via the footpath accessed near RFK Lot 6 (575 Oklahoma Avenue NE will get you to parking entrance).

**GETTING THERE:** There is free and plentiful parking in the RFK Lot 6. (Bike racks are also nearby.) The Stadium-Armory metro stop is 1 mile away or you can access the H Street Streetcar via the Union Station metro. Buses X1, X2 & X3 will also get you there.

**HOURS:** Kingman Island is open every day from dawn to dusk. Weekends will be more crowded than weekdays, but the trails are wide and there's plenty of room to social distance.

★ **WHAT YOU'LL NEED:** Your box (obviously), comfortable walking shoes, **a mobile device with the ability to access the internet.** We strongly recommend you **bring headphones to better hear the audio.** If you visit shortly after it has rained, the island may be very muddy so plan your visit and footwear accordingly. Also, there are many lovely picnic spots so you may wish to pack a lunch and bring a blanket to stay and enjoy the island for a while.

★ **WHAT TO DO WHEN YOU ARRIVE:** Begin at the trail entrance near RFK Lot 6. (see map above) Follow the footbridge to Heritage Island and then across a second bridge to the deck over the river. **Stop there to open the seal in your box (#1 on the map)**, examine the telegram and take in the river. Continue across the next bridge to Kingman Island. Pass through the field with the turtle sculpture and walk to the far side of the island. You'll intersect with another path. Turn right, keeping the river to your left for a few paces. **Grab a picnic table and read Judah's journal entry (#2).** Return to the path and continue in the direction you were headed. In a few minutes you'll come to a clearing full of large rocks on your right. **Stop there to read Beatrice's journal (#3).** Head back to the path, continuing in the same direction (right if your back is to the rocks.) **Pause underneath the overpass (#4).** Use your mobile device and headphones to **watch the video at [rorschachtheatre.com/transom](https://rorschachtheatre.com/transom)**. Carry on through the underpass until you arrive in a large clearing. **Stop there and conclude with reading Ernie's note from G (#5).** Read on for ways to extend your visit.



**CHAPTER 6 CHALLENGE: Capture an image of something on your journey that gives you hope.** And as always if you snap a pic you want to share, send it to [info@rorschachtheatre.com](mailto:info@rorschachtheatre.com) or tag us on social media (Instagram: @rorschachdc, facebook/rorschachtheatre, #distancefrequencies)

**IF YOU'VE BROUGHT A YOUNG (OR YOUNG AT HEART) RORSCHACHER ALONG:** This is a perfect spot for them to find their own adventure. The island is full of excellent rocks, sticks and puddles to splash in. There's a hidden trail that runs from the main path back to the turtle field. Can you find it? Can you find other secrets on the islands?

**ACCESSIBILITY:** There is no vehicle access to Kingman Island. The full experience is a 40 minute walk roundtrip. Trails are wide and generally flat, though unpaved in most cases. If anyone in your party prefers not to undertake the walk, the same vistas are available via our "at home" section below. Restrooms are available at The Fields at RFK, a new recreations center located near the Lot 6 entrance described above. Kingman and Heritage Islands are both dog-friendly.

### **OTHER THINGS YOU MAY WISH TO EXPLORE:**

*These diversions (probably) don't pertain to our story, but you may enjoy them nonetheless.*

- The Fields at RFK, right beside Lot 6, has an excellent playground and a small snackbar open after 3PM most days.
- Check out the turtle sculpture by Environmental Sculptures and commissioned by the Ocean Conservancy to your left after you cross the bridge onto Kingman Island.
- Look for pillars throughout the island that you can use to balance your camera and document the current status of the island. Email the pictures per the instructions on each pillar and you'll receive an email back with more images of the same location in other season.
- When you've finished Chapter 6, you can continue on to the tip of Kingman Island. The paths narrow so cede the way to others when necessary, but the architecture of the natural forest is well worth the walk.
- Make the loop around Heritage island for a whole new perspective on RFK!



**AT HOME EXPERIENCE:** If you choose not to leave home right now, or you live far away, we recommend preparing your environment in some of the following ways: Find a place that makes you feel close to nature. Can you see or hear water? Even better. Bring along a device with which you can access the internet. You might want to use headphones to ensure you don't miss a thing. Break the seal inside the box. Begin by going to this page on our website:

[rorschachtheatre.com/df-home](https://rorschachtheatre.com/df-home). Explore the items in the order described in the "**WHAT TO DO WHEN YOU ARRIVE**" on the previous page.



***DON'T MOVE THE REFRIGERATOR\**** **NOTES:** Wear your mask. Leave six feet of distance between yourself and others you may encounter. Please respect the space and other visitors you encounter. Please be respectful of neighborhood. If you choose to drive between locations, please be thoughtful about not blocking traffic. As in any urban environment please stay aware of your surroundings, especially when moving through streets with headphones in.

\* "*Don't move the refrigerator*" is a shorthand phrase invented in the early days of Rorschach to mean-- "*This should be so obvious we don't think we have to say it...but we're saying it anyway.*"